

# Youth Resources

Updated:

2/14/25

Provider Name	Children's Aid Society Transitional Housing
Provider Description	Pregnant and/or parenting homeless young people (ages 16-21) and their children are provided safe, stable living accommodations while being taught skills to transition them successfully to adulthood. PI meets the specific needs of each individual young person and their child(ren) by providing individualized skill-building opportunities focused on the goals of breaking the cycle of homelessness, breaking the cycle of child abuse and neglect, and increasing the ability of the young family to stay together.
Provider Hours	Monday-Friday: 8:30 AM-5:00 PM
Provider Website Address	<a href="http://www.childremsaid.org/what_we_do/programs/project_independence.html">www.childremsaid.org/what_we_do/programs/project_independence.html</a>
Contact Email	<a href="mailto:cas@childremsaid.org">cas@childremsaid.org</a>
Telephone Number	205-251-7148

Provider Name	Family Connection Street Outreach
Provider Description	<p>A street outreach and drop-in day shelter for homeless youth in Birmingham. We are committed to protecting runaway and homeless youth and reuniting them with their families whenever possible. We provide young people the resources to get off the streets and stabilize their lives. Family Connection maintains a culture where the dignity of every youth is respected and all youth feel safe. We believe every youth that comes to us has the right to receive services regardless of race, religion, gender, gender identity or expression, disability, or sexual orientation. Transportation to Hope House is provided for those who will accept it.</p> <p>Street Outreach: Our vetted Street Outreach Team is on Birmingham's streets, talking to young people about shelter options, educating them about community resources, and handing out food, clothes, and hygiene packs. They are also trained and equipped to administer minor first aid.</p> <p>Drop-In Day Shelter: The Day Shelter provides a safe, restful place for homeless youth and helps them begin moving out of homelessness. Services include access to a hot meal, clothing, personal care items, shower and laundry facilities, and a place to rest. There is also a Social Worker to assist youth in developing a plan for their future.</p>
Provider Hours	Monday-Friday: 9 AM to 5 PM
Provider Website Address	<a href="http://www.familyconnection-inc.org/services-overview/project-hope-homeless-not-hopeless/">www.familyconnection-inc.org/services-overview/project-hope-homeless-not-hopeless/</a>
Contact Email	
Telephone Number	205-252-4673

Provider Name	Housing Assistance Fund Way Station TH (TH/RRH Hybrid)
Provider Description	<p>The Way Station Transitional Program offers a lifeline to young adults (ages 18-24) experiencing homelessness. Upon referral through One Roof's Coordinated Entry process, clients receive secure, dorm-style housing with locked storage and an in-suite bathroom.</p> <p>Our services go beyond just housing. We provide:</p> <ul style="list-style-type: none"> <li>-Case management</li> <li>-Transportation assistance</li> <li>-GED program referrals</li> <li>-24-hour on-site support</li> </ul>
Provider Hours	
Provider Website Address	
Contact Email	
Telephone Number	205-324-9822

Provider Name	The Way Station Emergency Shelter
Provider Description	<p>The Way Station Emergency Shelter (WSES) is here to provide a safe haven for unhoused young adults (19-29) and adults living with HIV. Our 20-bed, non-smoking overnight shelter offers not just a place to sleep, but also a hot meal, shower, laundry services, clothing options, and a grab-and-go breakfast upon discharge.</p> <p>With 24-hour staff, case management, nightly security, and camera surveillance, WSES is committed to your safety and well-being. Plus, we document the history of homelessness to help expedite housing programs.</p>
Provider Hours	
Provider Website Address	
Contact Email	
Telephone Number	205-324-9822

Provider Name	Youth Towers
Provider Description	<p>Youth Towers is a 501(c)(3) non-profit organization that was formed in August 2011 to take preventative action against young homelessness in the Birmingham, Alabama metropolitan area. Once the young adult exits foster care, there is a high-risk that he or she may become part of the homeless youth population. Youth Towers targets individuals aged 19 to 26 years old and works to help them stay off the streets and to become productive members of the Birmingham community.</p>
Provider Hours	MWF 7:30-3:30
Provider Website Address	<a href="http://www.youthtowers.org">www.youthtowers.org</a>
Contact Email	<a href="mailto:alicewestery@gmail.com">alicewestery@gmail.com</a>
Telephone Number	205-383-1965