



"To Heal the Whole Family by Making a Better Tomorrow!!!"

Ralph Sims – Community Advocate, Program Facilitator, and Mentor

Ralph Sims is a dedicated community advocate and program facilitator with over three decades of experience supporting individuals and families through mentorship, education, and restorative services. With a background in health and physical education from Alabama A&M University and advanced study in physical therapy at Tuskegee University, Ralph brings a holistic approach to healing and empowerment.

Ralph currently serves as a Program Facilitator for the City of Birmingham Magistrate Court, where he has led domestic violence and anger management programs since 1995. His work focuses on group facilitation, client progress evaluation, and treatment collaboration, ensuring participants receive tailored support and accountability.

In addition to his court work, Ralph is a Building Service Professional at Enon Baptist Church, where he has contributed to operations and events since 2010. His earlier roles include serving as Warehouse Supervisor at American Exhibition Services and as a Fatherhood Program Facilitator for UAB Outreach, where he supported reentry efforts and family reunification for formerly incarcerated fathers.

As a co-founder of the Caring Men and Caring Women Mentoring Program for Youth and a founding member of the Brother Let's Talk Mental Health Agency, Ralph is committed to uplifting underserved communities. He is also a certified Life Coach and volunteer speaker who shares his personal and professional experiences to inspire transformation.

Ralph's extensive certifications span across violence prevention, reentry support, family and youth advocacy, and accountability-based therapy programs. His training includes credentials from Auburn University, University of Alabama at Birmingham, and North Carolina State University, as well as participation in initiatives like the Call to Men Violence Prevention led by former NFL player Tony Porter.

Through his unwavering dedication, Ralph Sims continues to empower others to choose accountability, healing, and hope—making a lasting impact in the Birmingham community and beyond.