

Health/Dental/Vision Resources

PLEASE READ: Please call the services you are interested in to ensure you have all the needed information. This list is a general compilation of available services in Birmingham, not affiliated with One Roof. This list is tailored for those experiencing homelessness on the streets or in shelters, but feel free to call to see what services may be available to you. Most of the resources do not require insurance but if you have it, please bring proof. Additionally, service providers may ask for proof of income (pay stubs, award letters, food stamps award letter), and photo ID (usually Continuum ID is okay), and/or proof of residency (referrals from homeless service providers).

Updated:	3/21/25
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Provider Name	AIDS Alabama
Provider Description	<p>AIDS Alabama is dedicated to helping you stay healthy. Through our health and wellness programs, AIDS Alabama provides culturally sensitive, LGBTQ-friendly services. The LGBTQ and Black communities have been profoundly affected by HIV. As part of a comprehensive approach to treatment, education and prevention of HIV, AIDS Alabama provides housing, health care services, health insurance premium assistance and support groups designed to empower community members living with HIV/AIDS. AIDS Alabama also offers comprehensive Prevention Programs which provide HIV testing and STI testing and treatment, counseling and outreach to at-risk communities.</p> <p>When someone comes into AIDS Alabama for testing and care, they can rest assured that they will be treated with dignity, respect, and above all compassion. We help anyone in need of care, and we do not discriminate. We are passionate about health equity and believe everyone in our community deserves high-quality healthcare.</p> <p>If a client is HIV positive we assign them to a social worker who connects them with a continuum of care which includes medical needs, financial and housing assistance, mental health counseling, nutrition support, peer groups and transportation. We continue to expand our social services to ensure more people from our community have timely, compassionate access to the health services they need.</p>
Service	AIDS/HIV Clinics
Provider Hours	Monday-Friday: 9 AM to 5 PM
Provider Website Address	www.aidsalabama.org
Contact Email	info@aidسالabama.org
Telephone Number	205-324-9822
Address	3529 7th Ave S, Birmingham, AL 35222

Provider Name	Alabama Regional Medical Services (ARMS)
Provider Description	<p>We offer a wide variety of services including, but not limited to: adult internal medicine, women's health care, diabetic testing and treatment, HIV counseling and testing, TB screening, and chronic disease management. Prescription assistance is available. A therapist is available to assist the homeless with mental health needs. Assessments, referrals, and individual sessions are available. Dental Services are available for all at our Northside Dental Clinic.</p> <p>Must be a Birmingham resident for more than 3 months, have an agency vouch for your homelessness (or referral letter from a shelter), and an appointment scheduled.</p> <p>Metro Center: 712 25th St. N 205-407-6900 Ensley Health Center: 417 19th St 205-783-9300 Crestwood Medical Center: 7001 Crestwood Blvd. #822 205-421-9615 Northern Health Center: 2817 30th Ave N 205-407-9699 Northside Dental Clinic: 1333 19th St N 205-322-8288 Wenonah Health Center: 2800 Wilson Rd SW 205-231-9090</p>
Service	Health Care
Provider Hours	Monday – Friday: 7:30 a.m. – 4:30 p.m. (Closed for lunch: 12:00 – 1:00 p.m.)
Provider Website Address	www.alabamaarms.org
Contact Email	info@alabamaarms.org
Telephone Number	205-407-6900
Address	712 25th Street North, Birmingham, AL 35203

Provider Name	Birmingham AIDS Outreach
Provider Description	The mission of BAO is to enhance the quality of life for people living with HIV / AIDS, at-risk, affected individuals, and the LGBTQ community through outreach, age-appropriate prevention education, and supportive services.
Service	AIDS/HIV Clinics
Provider Hours	<p>Monday, Tuesday, Thursday: 9:00 AM to 6:00 PM Wednesday: 10:00 AM to 6:00 PM Friday: 9:00 AM to 1:00 PM</p> <p>Walk-in Service Hours are weekdays 10:00 AM to 11:30 AM and 12:30 PM to 4:00 PM, except Wednesdays: 2:30 PM - 6:00 PM.</p>
Provider Website Address	www.birminghamaidsoutreach.org
Contact Email	
Telephone Number	205-322-4197
Address	205 32nd Street S, Birmingham, AL 35233

Provider Name	Cahaba Medical Care
Provider Description	<p>Cahaba Medical Care is a Community Health Center (FQHC), accredited as a Patient-Centered Medical Home (PCMH) by the National Committee for Quality Assurance (NCQA) and Joint Commission. We have locations throughout central Alabama serving Bibb, Perry, Chilton, and Jefferson Counties. Our health centers provide comprehensive primary care services, including treatment and management of chronic and acute diseases; preventative care and cancer screenings; pediatric care; women's health services; prenatal care and obstetrics; dermatological services; geriatrics; sports medicine services; mental healthcare; dental services and much more. COVID-19 vaccines and virtual visits are available, for more information visit www.cahabamedicalcare.com/covid19</p> <p>Bessemer: 975 9th Ave SW, Suite 310, Bessemer, AL 35022; 205-277-2358 West End: 1308 Tuscaloosa Ave, Birmingham, AL 35211; 205-679-6325 Ensley: 1925 Avenue E Ensley, Birmingham, AL 35218; 205-788-5164 Fairfield: 6900 Grasselli Road, Fairfield, AL 35064; 205-791-5048 Birmingham Dental: 623 8th Ave W, Birmingham, AL 35204; 205-545-7696 *Cahaba Medical also has school based health clinics in Jefferson County. Please visit cahabamedicalcare.com/locations for this information.</p>
Service	Health Care
Provider Hours	Monday-Friday: 8 AM to 5 PM Closes daily 12:30 PM to 1:30 PM for lunch
Provider Website Address	www.cahabamedicalcare.com
Contact Email	
Telephone Number	205-277-2358
Address	975 9th Avenue SW, Bessemer, AL 35022

Provider Name	Cahaba Valley Health Care Dental and Vision
Provider Description	<p>Our mission is to provide dental and vision services for people in financial need in Jefferson and Shelby counties, while maintaining dignity, respecting cultural diversity, and strengthening the community.</p> <p>Our services are free to our patients. Any specialty care needed by the patient is referred to other local affordable clinics.</p> <p>Dental: Patients must either have a referral from a Cooper Green primary care and schedule through Cooper Green OR attend one of the regular screenings. Vision: Screens are performed throughout the year and can either provide donated reading glasses or refer for full vision screening.</p> <p>En Español: 205-918-2001</p>
Service	Dental Care
Provider Hours	Hours: Tuesday - Friday 8:00 am to 5:00 pm
Provider Website Address	www.cahabavalleyhealthcare.org
Contact Email	
Telephone Number	205-918-2108
Address	1515 6th Avenue South, Birmingham, AL 35233

Provider Name	Christ Health Center
Provider Description	<p>Providing affordable, compassionate care to improve the physical, mental and spiritual wellbeing of children, women and families. We offer a wide range of health services for our patients.</p> <p>Insurance is not required, however, regardless of income there will be co-pay payment based on a sliding scale (between \$35-\$100). A Continuum ID will be accepted for the first appointment but a state issued ID will be required for following appointments. Please bring proof of income or food stamps award letter for documentation, as well as a photo ID when going in for your appointment. Call for appointments and further information.</p> <p>Woodlawn: 5720 1st Ave S, Birmingham, AL 35212; 205-380-9455 Chalkville: 2152 Old Springville Rd, Birmingham, AL 35215; 205-838-6000 Live Oaks Clinic (Mental Health Clinic - must be seen at the primary clinics prior to being seen at this location): 5804 1st Ave S, Birmingham, AL 35212; 205-972-0264</p>
Service	Health Care
Provider Hours	Monday-Friday: 7:45 am - 5:00 pm
Provider Website Address	www.christhealthcenter.org
Contact Email	info@christhealthcenter.org
Telephone Number	205-380-9455
Address	5720 1st Ave S, Birmingham, AL 35212

Provider Name	Community of Hope Health Clinic
Provider Description	The Community of Hope Health Clinic (CHHC) is a medical mission that provides non-emergent medical care to Shelby County adults ages 19 – 64 and have no health insurance and whose household income is at or below 200% of the poverty level. No walk-ins. Call for appointment.
Service	Health Care
Provider Hours	8a to 1p Monday and Tuesday 5p to 8:30p Thursday
Provider Website Address	www.communityofhopeclinic.com
Contact Email	
Telephone Number	205-644-8640
Address	1970 Chandalar Office Park Circle, Pelham, AL 35124

Provider Name	Cooper Green Hospital
Provider Description	We are committed to providing high quality healthcare to all residents of Jefferson County, regardless of ability to pay. We are a full-service ambulatory care facility that includes both primary and specialty care, urgent care, physical, occupational, and speech therapy, laboratory services, radiology and a pharmacy, all conveniently available to patients in one location.
Service	Health Care
Provider Hours	Monday-Friday: 7 AM to 5 PM
Provider Website Address	www.coopergreen.org
Contact Email	
Telephone Number	205-930-3377
Address	1515 6th Avenue South, Birmingham, AL 35233

Provider Name	GoodRx
Provider Description	<p>We believe everyone deserves affordable and convenient healthcare. Our mission is to build better ways for people to find the right care at the best price. Our technology gives all Americans — regardless of income or insurance status — the knowledge, choice, and care they need to stay healthy.</p> <p>GoodRx is a free mobile app and website that helps Americans save millions of dollars every month by finding them the lowest prescription prices in their neighborhood. Use our price comparison resource on our app or visit goodrx.com to save up to 80% on virtually all FDA-approved drugs—brand-name and generic. We gather prices, coupons and savings tips for prescriptions at virtually every U.S. pharmacy to help you fight against high drug prices, price gouging and an out-of-control health care system.</p>
Service	Prescription Medication Services
Provider Hours	
Provider Website Address	www.goodrx.com
Contact Email	
Telephone Number	855-268-2822
Address	NO ADDRESS, Birmingham, AL 35203

Provider Name	Jefferson County Department of Health Dental
Provider Description	Three clinics: Western, Central, and Eastern Health Centers. General dental care is provided for individuals who meet eligibility requirements. The Jefferson County Department of Health has dental clinics in three locations throughout Jefferson County to improve the overall health of the county's underserved individuals through increased access to oral health services.
Service	Dental Care
Provider Hours	Mon - Fri: 7:45am to 4:30pm
Provider Website Address	www.jcdh.org/SitePages/Programs-Services/Clinics/Clinics.aspx
Contact Email	
Telephone Number	205-930-1015
Address	1400 Sixth Avenue South, Birmingham, AL 35233

Provider Name	Jefferson County Department of Health
Provider Description	<p>Services: Medical, dental, pediatrics, maternal, dental, sexual health and testing, optometry, specialty - payment based off an income-based sliding scale. Vital records.</p> <p>If available, please have proof of income and residency, or a referral letter from a shelter or service provider, and a photo ID ready for your appointment (Continuum ID accepted).</p> <p>Central Health Center: 1400 6th Ave S, Birmingham, AL 35233 Eastern Health Center: 601 West Blvd Roebuck, Birmingham, AL 35206 Western Health Center: 631 Bessemer Super Hwy, Midfield, AL 35228</p> <p>BIRTH CERTIFICATE: Person applying must be at least 14 years old or older. Written authorization required for anyone other than an immediate family member. ID Required - visit JCDH's website under "Vital Records" for more information. \$15.00 for the first copy and \$6.00 for each additional copy if ordered at the same time.</p>
Service	Health Care
Provider Hours	Monday-Friday: 7:45a to 4:30p
Provider Website Address	www.jcdh.org
Contact Email	
Telephone Number	205-588-5234
Address	1400 6th Ave S, Birmingham, AL 35233

Provider Name	M-Power Ministries
Provider Description	<p>The M-POWER Ministries Health Center provides free primary care services to adult patients without access to health insurance, helping to alleviate chronic illnesses. By receiving treatment to combat chronic diseases, people are better able to fight off illness and ensure their ability to be at work every day.</p> <p>If possible, bring photo ID, list of medication and proof of income or shelter referral letter.</p>
Service	Health Care
Provider Hours	<p>Acute Clinic: Tuesday and Thursday, Check-in 3:00PM to 3:30PM Caring Clinic: Monday and Wednesday, 8 AM to 1 PM via appointment after being seen during Acute Clinic</p>
Provider Website Address	www.mpowerministries.org
Contact Email	
Telephone Number	205-595-5959
Address	4022 4th Ave S, Birmingham, AL 35222

Provider Name	M-Power Ministries
Provider Description	<p>The M-POWER Ministries Health Center provides free primary care services to adult patients without access to health insurance, helping to alleviate chronic illnesses. By receiving treatment to combat chronic diseases, people are better able to fight off illness and ensure their ability to be at work every day.</p> <p>If possible, bring photo ID, list of medication and proof of income or shelter referral letter.</p>
Service	Prescription Medication Services
Provider Hours	<p>Acute Clinic: Tuesday and Thursday, Check-in 3:00PM to 3:30PM</p> <p>Caring Clinic: Monday and Wednesday, 8 AM to 1 PM via appointment after being seen during Acute Clinic</p>
Provider Website Address	www.mpowerministries.org
Contact Email	
Telephone Number	205-595-5959
Address	4022 4th Ave S, Birmingham, AL 35222

Provider Name	Positive Maturity
Provider Description	One of our primary missions at Positive Maturity is to help older adults live independently. Through our Shepherd Center at Don Hawkins and Geriatric Social Services Programs we provide hot meals, activities, and assistance with navigating available resources and services.
Service	Prescription Medication Services
Provider Hours	Monday-Thursday: 8 AM to 4:30 PM
Provider Website Address	www.positivematurity.org
Contact Email	
Telephone Number	205-803-2311
Address	106 Oxmoor Rd Suite 152, Birmingham, AL 35209

Provider Name	Red Crescent Clinic of Alabama
Provider Description	Our mission is to provide high quality primary care services to everyone regardless of gender, race, ethnicity, religion, or ability to pay. The clinic is a nonprofit medical group comprised of volunteer staff donating their time and talents to serve those in need throughout Alabama. Our ultimate goal is to provide comprehensive primary care to the medically underserved, and ultimately benefit the Alabama community as a whole.
Service	Health Care
Provider Hours	The clinic will be open every Sunday from 2:00 PM - 6:00 PM, except RCCA holidays
Provider Website Address	www.redcrescentalabama.org
Contact Email	info@redcrescentalabama.org
Telephone Number	205-879-4247
Address	2524 Hackberry Lane, Birmingham, AL 35226

Provider Name	SenioRx
Provider Description	SenioRx is not just for seniors. SenioRx is a prescription medication assistance program that has helped thousands of Alabamians receive FREE or LOW-COST prescription medications from pharmaceutical companies. SenioRx is for Alabamians with disabilities regardless of age or persons aged 55 and older who have been diagnosed with at least one medical condition that requires a prescription medication.
Service	Prescription Medication Services
Provider Hours	
Provider Website Address	www.alabamaageline.gov/seniorx/
Contact Email	
Telephone Number	800-243-5463
Address	NO ADDRESS, Birmingham, AL 35203

Provider Name	The Foundry Dental Center
Provider Description	Our clinic is a "safety net" dental clinic offering low-cost dental services to patients in the Bessemer and Birmingham communities. We are particularly interested in serving individuals who are striving to be free from addiction, alcoholism, and homelessness. We are partnered closely with the Foundry Rescue Mission and Recovery Center, a Christian-based recovery program in Bessemer, Alabama with a 40-year history of helping people rebuild lives. We are also open to persons in the community who cannot afford traditional dental services.
Service	Dental Care
Provider Hours	Monday-Friday: 9 AM to 5 PM Generally speaking, at our main office in Bessemer we have more patients seeking care than we have space available. If you are in pain, we have up to 10 walk-in slots available most days. (We are closed on the 4th Tuesday of the month, and some Fridays). It is best to arrive before 8:45 if you want to be a walk-in patient.
Provider Website Address	www.foundrydentalcenter.com
Contact Email	
Telephone Number	205-434-2031
Address	1700 Sixth Avenue North, Bessemer, AL 35020

Provider Name	University of Alabama at Birmingham (UAB) Hospital
Provider Description	UAB Medicine is one of the top academic medical centers in the nation and a recognized leader in quality patient care, research, and training. To talk with someone about scheduling an appointment with a UAB Medicine provider, please call 205.934.9999 (toll-free 1.800.822.8816).
Service	Health Care
Provider Hours	
Provider Website Address	www.uabmedicine.org
Contact Email	
Telephone Number	800-822-8816
Address	500 22nd Street South, Birmingham, AL 35233